

There were approximately 969 people (2005/06) with low complexity urinary tract infections (ANDRG L67C) treated as in-patients in NSW. Opportunities exist for a substantial number of these patients to be cared for in non admitted settings.

Benefits

Evidence of Benefits for Patients in comparison to in-hospital care includes:

- Greater patient satisfaction
- Improved and similar health outcomes
- Reduced time spent in acute hospitals for patients
- Reduced spread of nosocomial infections
- Minimised risk of hospital acquired infections
- Improved resource utilisation

Characteristics of Avoidable Admissions Models

Examples from UTI clinical guidelines:

- 1. Clinical Assessment of suitability of patient for out-patient treatment antibiotic therapy**
- 2. Antibiotic Regimes as agreed with Infectious Disease Team, for example:**
Uncomplicated urinary tract infections are treated with oral antibiotics
- 3. Severe urinary tract infections**
should be treated with intravenous antibiotics. for example:
Ceftriaxone 1g daily
- 4. Oral antibiotics**
for 10 – 14 days following intravenous treatment of severe urinary tract infections

UTI Clinical Practice Guidelines/Protocols

PATIENT JOURNEY ▶▶▶▶▶

Referral

Patient referrals can be made to the service 24/7 from multiple referral points e.g:

- Physician specialist
- Emergency Department
- General Practitioners (GP)
- Residential and Aged Care Facilities
- Outpatient and private consultation clinics
- Aboriginal Medical Services
- Community based health professionals

Patients will be followed up by the service on the same day

- CAPAC Model on ARCHI
[NSW Health recommended Avoidance Model](#)
- eTG Therapeutic Guidelines:
www.CIAP.health.nsw.gov.au
- [Clinical evidence summary for the management of low risk UTI](#)

Admission

Suitability for admission is assessed against specified service admission/exclusion criteria:

- Assessment of the patient is undertaken by the service's designated medical officers, e.g. Medical Registrar, ED Medical Officer, GP or designated Registered Nurse.
- Inclusion and exclusion criteria developed and agreed for each hospital avoidable admission patient group
- Patient consent obtained

There are functioning models in a number of AHS/Facilities including:

- Northern Sydney Central Coast AHS

Care Delivery

Clinical Practice Guidelines/Protocols, Care plans and Operational Polices are in place:

- Developed in consultation with patients, carers, clinicians and management teams
- Based on best practice evidence
- Care activated rapidly following patient admission to the service
- Emergency care/Procedures available 24/7
- Medical Director oversees the service and the medical management of the patients
- Comprehensive regular patient review by medical and nursing teams
- Clinical indicators and quality measures in line with governance structures
- Care coordinated to deliver multidisciplinary care as required

Transfer of Care

Robust discharge planning processes in place:

- Medical and nursing review of patient prior to discharge/transfer of care to other health services
- Establish access and links to other health services to support patient care e.g. : allied health, GPs, ComPacks services, SAFTE programs