

REFERRAL

It is necessary for a health professional to make the referral by phoning 9794 1800

CLINIC DAYS

Tuesday and Thursday

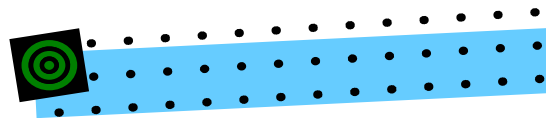
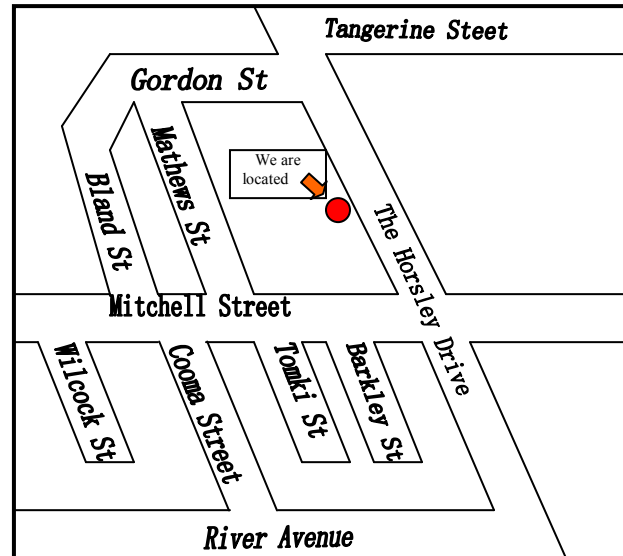
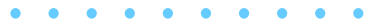
WHERE

Karitane Residential, Education and Administration Centre, Cnr The Horsley Drive & Mitchell Street Carramar 2163

PARKING IS AVAILABLE

THIS IS A FREE SERVICE

If you need to cancel an appointment, please inform us as soon as possible by Phoning 9794 1800.

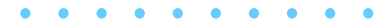


Karitane
Caring for Families

TODDLER CLINIC

*Information
for Families*

*with Children
15 Months – 4 Years*



THE TODDLER CLINIC uses the Parent-child interaction therapy model (PCIT). PCIT was developed a number of years ago in the USA, for young children who displayed behavioural difficulties such as aggression, tantrums and defiance.

More recently, PCIT has also been found to be useful for children who are withdrawn or who have low self-esteem.



PCIT seeks to increase positive behaviours and decrease negative behaviours displayed by children. The overall aim of the therapy is to improve the quality of the parent-child relationship.

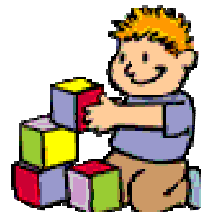
It is structured around play, teaching parents specific skills to establish a nurturing relationship with their child.

The average treatment program is 8-10 weekly sessions.



Prior to commencing the therapy, you will need to attend an assessment with your child.

The assessment takes approximately 2 hours, with time spent discussing your concerns and some time interacting with your child, we would like to videotape this session.



The videotaping is useful for us to evaluate progress.

There is absolutely no pressure exerted for parents to agree to be videotaped and it is not a condition for inclusion in the program.

Should you agree to be videotaped, we will ask you to sign a consent form.

Prior to your first appointment, you will receive a number of questionnaires to complete.

