

Letterhead

Dear parent/carer

An appointment has been made as follows:

Child's Name:

MRN:

Date:

Time:

Place: Outpatient Department, Clinic 1

As each appointment is expected to take 1 hour, we ask that you arrive 15 -20 minutes prior to the appointment time to register and to have your child weighed.

If you are unable to attend your appointment please contact Noella Phillips on 9845 2076 as early as possible.

On the day of the appointment, you will need to bring:

- Your child's Blue Book
- The results of any medical investigations related to feeding
- Your child's regular teat, bottle and/or cup
- A small drink
- Any infant or enteral formulas your child requires
- The spoon your child uses (if appropriate)
- A small amount of the foods that are easy for your child to eat
- A small amount of the foods that are harder for your child to eat
- Your Medicare card

During the Feeding Clinic appointment your child will be seen by a Paediatrician as well as one or more of the following professionals: Dietitian, Speech Pathologist and Clinical Nurse Consultants specialising in Child and Family Health, Stomal Therapy or Enteral Feeding. Each professional will play a role in assessing and providing strategies regarding the management of your child's feeding needs.

The clinic visit will generally consist of the following:

- Questions from the team regarding your child's feeding i.e. family history/pregnancy, medical history, carers and supports, feeding specifics
- Medical examination conducted by the paediatrician
- Observation of your child's feeding by the team

You may be asked questions from any team member specific to their area of expertise. Following this you will be asked to wait in the waiting room whilst the team formulates a written plan for your child's feeding. You will then be invited back into the clinic and the plan will be explained and you will have the opportunity to ask any questions of the team regarding the plan.

Please contact us as soon as possible if you would like an interpreter to be booked for the appointment.

Yours Sincerely

Dr Jacqui Dalby-Payne
Staff Specialist (General Medicine)

HOW TO GET TO THE HOSPITAL

By train - Westmead Railway Station is the local station.

By bus - A 7-day service operates between Parramatta and the Children's Hospital. This service stops at Parramatta Ferry Wharf, Parramatta City Centre, Parramatta Railway Station, Westfield Shoppingtown, Westmead Railway Station, Westmead Hospital and The Children's Hospital.

Parking

If you are travelling by car, visitor parking is available, but limited. The car park is on the corner of Hawkesbury Road and Hainsworth Street. Parking fees are:

- Free for the first half hour
- A flat rate of \$5 thereafter

Sibling Care

There is a sibling care centre run by Volunteers between the hours of 9.30 am and 3 pm. A small donation is appreciated.

The **Outpatient Department** is located in the hospital on Level 2 in the main Hospital building. For further directions, please ask Enquires located near the Hospital main entrance.

Coffee Shops

Available on Levels 1 and 2 and next to the Hospital car park.