

How to contact us

The Early Psychosis

Intervention Service is

located at:

1 Derby Road

Hornsby, NSW 2077

NEED MORE

INFORMATION on

NIGHTWORKS? CALL US



94779177

HOW OFTEN DO WE MEET?

At present the NIGHTWORKS group meet twice a month, usually once on a weekend and once on a mid week evening.

HOW DO I KNOW WHAT'S HAPPENING?

EPIS will send you a flyer advertising the next event. The day before we will ring you (or email you) to remind you and to check that you have the details. Usually one client has a list of who is expected, so the group will wait for you. With the flyer we also send you a discreet 'smilie' sticker that you can wear so everyone can find each other.

It's as simple as that.

GO ON GIVE IT A TRY WHAT DO YOU HAVE TO LOSE?



Got an idea for a NIGHTWORKS GROUP? LET US KNOW AND WE'LL ARRANGE IT

EPIS

NIGHTWORKS

▶ Facilitating optimal recovery for young people who have experienced psychosis

Tel: 02 94779177

► Why should I bother ?

Because its good for you to get out and have some fun.

Because you can meet up with other young people—everyone needs friends.

Because its great for your recovery to get back into the swing of things.

Because it beats sitting at home and being bored!

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WHAT IS NIGHTWORKS?

Nightworks is a social group that grew out of a Clinical Practice Improvement project conducted by EPIS in 2006. The project looked to increase socialization amongst EPIS clients. We held focus groups for clients and their carers. Our project team included clients, parents and carers and a new different group took shape. Clients advised us what activities they enjoyed and when and where the group should meet. Two trends emerged: One that this group occur away from EPIS and two, that it should be an 'after hours and weekend " group.

It was also decided that whilst EPIS staff were happy to help, this would be a 'staff free' zone.

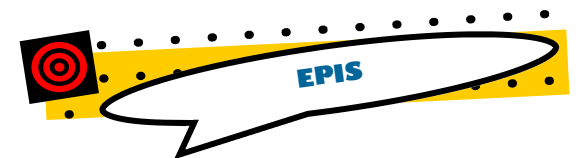
WELCOME TO NIGHTWORKS !

SO WHAT HAPPENS AT NIGHTWORKS ?

NIGHTWORKS is your group so you call the shots! We have canvassed clients to tell us what they wanted to do with their time and some of the suggestions were:

Going to the movies
Ten Pin Bowling
Yum Cha
Coffee Together
Internet Games
Tennis

So far the group has done all the above!



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HornsbyNSW 2077

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